The farmers market in a box!

Community Supported Agriculture



2011 PUGET SOUND CSA DIRECTORY





Your source for what's fresh, local and in season!

Looking for local? Find it online at www.pugetsoundfresh.org and search by crop or product, county, farm or farmers market for 12 Puget Sound counties.

Whether you're planning a U-Pick outing or weekend farm tour, you'll find plenty of resources, including an online version of the 2011 Puget Sound Farm Guide.

Puget Sound Fresh is a program of Cascade Harvest Coalition in partnership with King County and King Conservation District. To find out more about Cascade Harvest visit www.cascadeharvest.org

Listings included in this directory are for informational purposes only and have been provided by the farms and businesses. All listings are fee based.









One of our greatest heroes, poet and farmer Wendell Berry reminds us all of what we have and must not lose, alerting us to the power of our determination and actions – and that "all food is an agricultural act."

Since 1999, Cascade Harvest Coalition's "agricultural acts" have been rooted in efforts to activate and educate everyone, from policy makers to consumers to the critical need to protect our natural agricultural resources, to keep farmers farming and farmland accessible. We stand for transforming a food landscape into one that sustains and builds successful farms, thriving communities, a secure regional food supply and active, aware consumers.

We all eat. And for those of us who live in the Puget Sound region, we are supremely fortunate to have an abundance of choices throughout the seasons given the excellent growing conditions, land stewardship practices and exceptional food that comes from our farms, forests and waters.

But these choices cannot be taken for granted as there are extraordinary pressures on both farmland and farmers. Being actively engaged on where you purchase your food and how you eat not only builds a lasting bond between farmers and eaters; it's a sustainable choice for community food security and health.

If that's a mission that fits with yours, use this directory to find the CSA that's just right for you. For additional resources on choosing a CSA on www.pugetsoundfresh.org

To learn more about Cascade Harvest Coalition, visit www.cascadeharvest.org



How CSAs work:

Community Supported Agriculture (known as CSAs) allows you to buy a "share" from a local farm; in return you receive a box of farm-fresh produce every week during the growing season. The farm benefits from your financial and community support. You benefit by receiving the best local produce and getting to know your farmer. It's a special relationship that builds community, supports our farmers and gives you first pick of peak-fresh products.

Each CSA program is unique. Some deliver boxes to your home or a central pick-up location; some require on-farm pick-up. Some offer add-ons, like eggs or flowers; some are produce-only. Some have installment-payment plans; some require payment up-front at the start of the season; and some offer weekly pay-as-you-go options.

This guide offers information on both CSAs and Home Delivery services. Generally, there are two types of CSAs - traditional CSAs that grow all their food on-farm and hybrid models that grow some food and source from other farms as well as businesses, like local bakeries. Home Delivery Services are generally not CSAs because they do not farm, but they offer food from local farms as well as local "value added" products (i.e. coffee, cheese). But as

with most things, CSAs are evolving, and more and more are adding home delivery and value added products to their offerings.

Joining a CSA is easy:

• Select a program that interests you.

Consider farm location, the size and price of share, delivery or pick-up options and growing practices as well as other amenities.

· Contact the farm.

Start by visiting their website - you'll find plenty of information that will help you make your final choice and then follow up with both a phone call and email. Many offer online registration.

· Don't delay!

Many seasons offer a specific time frame, i.e. a 20-week growing season that might typically starts in June and will run through the harvest. As more and more consumers are using CSAs you'll want to sign up as soon as possible.

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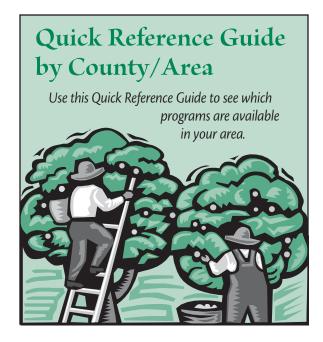
Use this Quick Reference Guide to see which programs are available in your area. Keep in mind that many CSAs are either looking for additional host sites or adding new ones on a regular basis, so contact them to see what might be in your area even if you don't see it here.

CSA Program ListingsPage 9

Detailed, alphabetical listings of farms that offer CSAs in Puget Sound.

Home Delivery Services.....Page 27

Detailed, alphabetical listings of Home Delivery Services - which will include businesses that are not CSAs as well as CSAs that offer home delivery.



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Growing Washington

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Klesick Family Farm

Viva Farms

CSA Program Listings

Detailed, alphabetical listings of farms that offer CSAs in the Puget Sound area



Abundantly Green Certified Organic Produce

Marilyn Holt Poulsbo 360-692-2504

abundantlygreen@holtcapital.com

www.abundantlygreen.com

On-farm pick-up and farm store/Poulsbo Farmers

Market & Port Orchard

20 weeks, June-October

Certified Organic

Produce, fruit, chickens, eggs

Amaranth Urban Farm

Nicole Capizzi Seattle

206-701-6567

nicole@amaranthurbanfarm.com

 $\underline{www.amaranthurbanfarm.com}$

On-farm pick-up/Columbia City, Capitol Hill, Central District, downtown Seattle, South Lake

Union, lower Queen Anne

13 or 26 week options, May-November

Sustainably grown

Vegetables, flowers, honey

Bailey Vegetables

Don Bailey Snohomish

360-568-8826

baileyveg@gmail.com

www.baileyveg.com

On-farm pick-up or home delivery

\$30/week, \$480 for the season

17 weeks, July - October

Vegetables, berries, flowers, U-Pick garden

Boistfort Valley Farm

Heidi & Mike Peroni

Curtis

360-245-3796

info@boistfortvalleyfarm.com

www.boistfortvalleyfarm.com

Pick-up sites in Seattle, Mercer Island, Burien,

Tacoma, DuPont, Olympia, Centralia, Chehalis 20 weeks in summer, 7 monthly deliveries in

winter

Organic, Salmon-Safe

Fruit, flowers, honey

Cedarville Farm

Mike Finger

Bellingham

360-592-5594

cedarville322@mac.com

www.cedarvillefarm.com

On-farm pick-up/Bellingham, North Lake

Whatcom, Fairhaven, Lakeway Avenue,

Ferndale, Elizabeth Park

Main season: \$412/full, \$199/half

Fall season: \$238/full, \$133/half

Certified Organic

Fruit, flowers, eggs, pastured chicken

Changing Seasons Farm

Laura & David Casey

Carnation

425-591-0369

laura@changingseasonsfarm.org

www.changingseasonsfarm.org

On-farm pick-up/Issaquah

\$400/share

16 weeks, late June through mid-October

Certified Naturally Grown, Salmon-Safe

Seasonally available produce

Chinook Farms

Eric Fritch or Shane Stevie

Snohomish

425-508-6341

info@chinookfarms.com

www.chinookfarms.com

On-farm pick-up/Snohomish, Monroe,

Clearview, Bothell-Woodinville

\$792/family; \$594/standard

22 weeks. June-October

Certified Organic

Vegetables, fruit, U-Pick seasonal flowers and

herbs

Participating in a Community
Supported Agriculture program is a great way to support local farmers and, in return, for local farmers to support you.



Dharma Ridge Farm

Zach Wailand & Haley Olsen Port Ludlow 360-732-0178 info@dharmaridgefarm.com www.dharmaridgefarm.com

On-farm pick-up/Port Townsend Farmers Market, Evergreen Fitness, Port Ludlow Beach Club, Bay Club 20 weeks, June 15 - October 26

Certified Organic Vegetables, herbs

Ionathan & Alison Nichols

Filbert Acres

Puyallup 253-251-1361 filbertacres@gmail.com www.filbertacresfarm.com On-farm pick-up \$550/full share 18 weeks. June - October No non-organic amendments/pest control Vegetables, fruit, flowers, nuts, eggs

FoxDog Farm

Rikke Giles & Randy Wagner Kingston 360-297-7135 farmer@foxdogfarm.com www.foxdogfarm.com

On-farm pick-up and sales/Poulsbo Farmers Market

27 weeks, mid-May through mid-November

Summer and Fall shares available

Naturally grown vegetables, herbs

Full Circle

Carnation 1-866-EAT-WELL customerservice@fullcircle.com www.fullcircle.com

Local community pick-up and home delivery year-round throughout Washington

\$37/Standard box w/home delivery; \$34/Standard w/pick-up (Western WA), \$46/Family size box w/home delivery; \$43/Family size box w/pick-up (Western WA) Certified Organic, Salmon-Safe

Quality organic produce and artisan goods

Garden Treasures Nursery & Organic Farm

Mark Lovejoy Arlington 360-435-9272 gardentreasurescsa@gmail.com www.arlingtongardentreasures.com On-farm pick-up/Lake Forest Park, Silverlake, Everett, Bellevue, Lake Stevens, Lynnwood Large, economy, small and bulk options available 20 weeks Organic, Salmon-Safe Eggs, honey, dairy, fruit (15 weeks) Thanksgiving Share

GreenMan Farm

Jasper & William Forrester

Vashon Island 206-567-4548 greenmanfarm@comcast.net www.greenmanfarm.com CSA season runs for 20-22 weeks from early June Sustainably grown Vegetables, fruits

Growing Things Farm

Michaele Blakely
Carnation
425-691-8669
michaele@broadstripe.net
www.growingthingsfarm.org
Pick up sites in Seattle, Bellevue, Redmond,
Duvall, Carnation
20 weeks

Certified Organic, Salmon-Safe, King Conservation District Farm of Merit Vegetables, fruit, eggs

Growing Washington

Jay Dennison
Bellingham
360-927-4845
jay@growingwashington.org
www.growingwashington.org
Pick-up sites in King, Whatcom, Skagit &
Snohomish Counties
Shares starting as low as \$250
20 weeks starting in June
Vegetables, greens, herbs, fruit, eggs, flour, wheat berries, dairy



"We are already looking forward to next season! I forgot how good a real tomato tastes. And fresh basil. Mmmmm." - CSA customer



Hedlin Farms

David Hedlin & Serena Campbell La Conner 360-466-3977 hedlin@hedlinfarms.com www.pugetsoundfresh.org

On-farm pick-up/Skagit Valley Hospital (Mount Vernon), Island Hospital (Anacortes), United General Hospital (Sedro Woolley); Bellevue, Sammamish, Mount Vernon and Mercer Island Farmers Markets

20 weeks starting in June Certified Organic, Salmon-Safe Fruit, flowers, dairy, bread

Helsing Junction Farm

Susan Ujcic
Rochester
360-273-2033
helsingfarm@gmail.com
www.helsingfarmcsa.com
On-farm pick-up/Seattle, Tacoma, Olympia,
Centralia
\$468/regular; \$667/large; \$50/bulk or storage;
\$100/flower share
18 weeks starting in June
Certified Organic
Vegetables, fruit, herbs, flowers

Hogsback Farm

Brian & Sarah Lowry
Vashon Island
206-463-0738
hogsbackfarm@gmail.com
www.pugetsoundfresh.org
On-farm pick-up
\$550/share
20 weeks starting in June
Fruit, cut flowers, herbs

Klesick Family Farm

Tristan Klesick

Stanwood
360-652-4663
office@klesickfamilyfarm.com
www.klesickfamilyfarm.com
Weekly home delivery in Snohomish County,
Camano Island, Mount Vernon, Burlington
and Anacortes year-round
Organic, Salmon-Safe

Local Roots Farm

Jason Salvo Duvall

www.localrootsfarm.com

On-farm pick-up/Capitol Hill, Madison Valley, downtown Seattle, Maple Leaf, Queen Anne, Phinney Ridge \$400/regular; \$500/large 20 weeks,early June - mid-October





Maltby Produce Markets

Marijke Posterna Snohomish 425-327-7447 info@mpmcsa.org www.mpmcsa.org

On-site pick up/Mountlake Terrace, Snohomish, Pike Place Market, home delivery coming soon Regular and large shares

20 weeks

Vegetables, fruit, eggs, culinary herbs, artisan breads, coffee, hand-crafted chocolate, fresh cut flowers

Mosby Farm CSA

Casey Hartman
Auburn
253-209-9822
mosbyfarmcsa@gmail.com
www.mosbyfarm.com
Delivery to Auburn, Tacoma, Puyallup, Renton,

Maple Valley, Sumner, Bellevue
Single share \$375: Standard share \$550: Family

Single share \$375; Standard share \$550; Family share \$675

20 weeks, June 17 - October 28 Fruits, vegetables, herbs

Nash's Organic Produce

Sid Maroney

Sequim

360-681-6274

sid@nashsorganicproduce.com

www.nashsorganicproduce.com

Pick-up at Nash's Farm Store, Port Angeles,

Sequim, Port Townsend, Kingston, Ballard and U-District Farmers Markets; Olympic Medical

Center, Red Rooster Grocery

Commercial delivery available

20 weeks

Organic, Salmon-Safe

Nash's vegetables, flour, pork by-the-cut, pigs, seed, grain, eggs, fruit

Osprey Hill Farm

Anna & Geoff Martin

Acme

360-595-9134

ospreyhillfarm@yahoo.com

www.ospreyhillfarm.com

On-farm pick-up

10 week winter CSA, November - January

Certified Naturally Grown

Winter produce, preserves; pastured poultry, eggs



"What do I like about participating in my CSA? Knowing where every single item came from and visiting the farm."

- CSA customer

Oxbow

Luke Woodward or Sarah Cassidy

Carnation

425-788-1134

farmers@oxbow.org

www.oxbow.org

Pick-up sites in Seattle, Carnation, Duvall,

Bellevue, Mercer Island, Redmond

\$600/family share

\$400/small share

20 weeks starting in June

\$300/fruit share for 15 weeks starting in July

Certified Organic, Salmon-Safe

Special produce purchase options

Persephone Farm

Rebecca Slattery

Indianola

360-297-1877

persephonefarm@aol.com

www.persephonefarm.com

On-farm pick-up/Bainbridge Island

\$650/full: \$500/half

22 weeks, June-October

Vegetables, fruit, herbs, eggs, bread, cheese,

honey, wine, salmon & berries

Pheasant Fields Farm

Allen & Nikki Johanson

Silverdale

360-697-6224

info@pheasantfields.com

www.pheasantfields.com

On-farm pick-up/Bremerton, Poulsbo &

Silverdale Farmers Markets

Organic

Vegetables, eggs, chicken, flowers, herbs,

vegetable starts



Pigman's Organic Produce Patch

Dean Pigman
Olympia
360-491-3276
dpigman@gmail.com
www.pugetsoundfresh.org

On-farm pick-up/Olympia Farmers Market Half and full shares, extended season 20 weeks

Organic, Salmon-Safe Fruit, pumpkins, vegetables

Plum Forest Farm

Rob Peterson & Joanne Jewell Vashon Island <u>www.plumforestfarm.com</u> On-farm pick-up

\$500/share
20 weeks starting in May
Farmstore credit option

Seasonal vegetables, herbs, some berries & plums Eggs year-round at farm stand

Red Dog Farm

Karyn Williams
Chimacum
360-32-0223
info@reddogfarm.net
www.reddogfarm.net
On-farm pick-up/Port Townsend
10-months, April – January
Sign up for whole season or two month
increments

Certified Organic, Salmon-Safe Vegetables, berries, flowers **Salish Sea Trading Cooperative**

Kathy Pelish or Fulvio Casali Seattle 206-491-1587

kathy@salishseatrading.com or fulvio@salishseatrading.com

www.salishseatrading.com

Pick up at Aster Coffee Lounge in Ballard End of June through end of October Local, organic vegetables and fruits according to seasonable availability from locally produced goods from throughout Puget Sound delivered sailboat

Honey, grain, cider (non-alcoholic), sail transport for you local goods

Serendipity Farm

Chris Llewellyn
Quilcene
360-765-0263
serendipityfarm@bigplanet.com
www.serendipityfarm.org
On-farm pick-up and delivery to Jefferson

County, North Kitsap and Bainbridge Island year-round

Select by season or year Organic

Vegetables, seasonal fruit, eggs, flowers, herbs, jams, preserves, pestos, salsas, plants and starts



Shambala Exchange

Nancy Chase Camano Island 360 - 387 - 4110

nancy@livewellventures.com

www.shambalaxxchange.com

On-farm pick-up

18 weeks, June-September

\$395/share

Organic heirloom and open pollinated vegetables and fruits, perennial vegetables plants, seed sharing, special weekly features

Sol to Seed Farm

Matt Tregoning Carnation 425-273-1232 soltoseedfarm@gmail.com www.soltoseedfarm.com

On-farm pick-up/Bellevue, Seattle, Issaguah 20 weeks. June - October Certified Naturally Grown, Salmon-Safe Vegetables, herbs

Sunfield Farm

Neil & Verity Howe Port Hadlock 360-385-3658 info@sunfieldfarm.org www.sunfieldfarm.org

Pick-up on farm, central Port Townsend and potentially other locations

25 weeks (May 25 thru Thanksgiving)

\$605/full share; \$395/half share; working share

discounts available

Biodynamic and organic certification processing, Salmon-Safe

Veggies, fruits, herbs and flowers, eggs



Tahoma Farms

Kim Hulse

Orting

253-376-8604

info@tahomafarms.com

www.tahomafarms.com

On-farm pick-up or home delivery in King & **Pierce Counties**

21 weeks

Organic

Take Root Farm

Jenny Miller

Buckley

253-891-3276

info@takerootfarm.com

www.takerootfarm.com

On-farm pick-up

Regular and small share sizes; prorated share

pricing

20 weeks starting in June

Herbs, flowers

Terry's Berries

Terry Ann Carkner **Tacoma**

253-922-1604

info@terrysberries.com

www.terrysberries.com

On-farm pick-up

Year-round, seasonal

Fruit, eggs

The Root Connection

Claire Thomas Redmond 425-881-1006

Stacy Felure

www.rootconnection.com

On-farm pick-up/Lynnwood, North Seattle 21 weeks, June-October Sustainably grown, no chemicals Vegetables, U-Pick seasonal greens, herbs, flowers

Tonnemaker Family Orchard

Bothell
425-770-0239
tonnemakers@hotmail.com
www.tonnemaker.com
Wookly dolivery to paighborh

Weekly delivery to neighborhood drop-sites in Seattle, Renton, Bothell, South Bellevue, Snohomish, Mukilteo, other sites TBD Bulk buy options available Certified Organic 20 weeks, June 28-November Fruit

Viva Farms

Sarita Schaffer

Mount Vernon
206-914-7948
sarita@growfood.org
www.vivafarms.org
On-farm pick-up/Skagit, Whatcom Counties
\$250-\$675 depending on size and level of
customization
20 weeks, June - October
Transition Organic
Vegetables, fruit, herbs, flowers, flour, eggs,
butter

Willie Green's Organic Farm

Beth Bystedt
Monroe
425-485-4128
info@williegreens.org
www.williegreens.org
Delivery in Snohomish, King Counties
Certified Organic, Salmon-Safe
Seasonal, Washington grown produce, berries



Home Delivery Services

Detailed, alphabetical listings of Home Delivery Services. Home Delivery Services are not CSAs, as they do not actively farm, but many buy directly from local farmers.



Bailey Vegetables

Don Bailey Snohomish 360-568-8826 baileyveg@gmail.com www.baileyveg.com Snohomish County

Full Circle

Carnation 866-EAT-WELL customerservice@fullcircle.com www.fullcircle.com Throughout Washington

Klesick Family Farms

Tristan Klesick
Stanwood
360-652-4663
office@klesickfamilyfarm.com
www.klesickfamilyfarm.com
Island, Skagit, Snohomish Counties

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Mother Nature's Organics

Cheryl Dillon
Seattle
888-278-0955
office@mothernaturesorganics.com
www.mothernaturesorganics.com
King and Snohomish Counties

New Roots Organics

Seattle
206-621-7783
carolyn@newrootsorganics.com
www.newrootsorganics.com
Seattle and East King County

Terra Organics

Dan Hulse
Tacoma
877-619-5612
info@terra-organics.com
www.terra-organics.com
King, Pierce and Thurston Counties

Layout by: King County DNRP GIS, Visual Communications and Web Unit File Name: 1105_CSAdirectory.indd LPRE

Alternative formats available

Call 206-263-6429 or TTY Relay: 711

